



PDO THREADS HAIR



POLYDIOXANONE THREADS

Treats Men and Women with Thinning Hair

Promotes Thicker Hair Shaft

Increases Hair Density

PDO is a synthetic monofilament absorbable suture material which has been routinely and safely used in surgery for decades. Recently, the same technology has been studied and applied in hair restoration.

PDO threads are extremely fine strands of absorbable surgical suture material 1-2" in length, which are inserted into the scalp in areas of hair thinning. We use fine "acupuncture" sized needles to painlessly insert numerous strands into the scalp, which then creates a subtle inflammatory response and stimulates hair follicles to grow.

Studies indicate PDO enhances the anagen (or hair growth phase), upregulates hair follicle cell proliferation and increases hair shaft thickness.* The strands gradually dissolve over 6 months at which time the procedure may be repeated.

The treatments may be combined with PRP**, scalp microneedling, low level laser therapy (laser caps and combs), minoxidil, finasteride and vitamins for optimal results.

* J Pharmacopuncture. 2015 Dec; 18(4): 20-25. doi: 10.3831/KPI.2015.18.033

** Combination Therapy with Injectable Platelet Rich Fibrin (PRF) and Polydioxanone (PDO) Threads in Treatment of Male Pattern Baldness: A Novel Approach. Shashank Bansod, et. al



FREQUENTLY ASKED QUESTIONS

AM I A GOOD CANDIDATE FOR THE PROCEDURE ?

Both men and women with thinning hair are good candidates for PDO hair threads. We may recommend hair transplantation for areas of complete hair loss.

IS THE PROCEDURE PAINFUL ?

PDO threads are a well tolerated in-office procedure. By using "laughing gas" and lidocaine, there is minimal discomfort with prompt recovery.

WHAT IS THE DOWNTIME ?

There is minimal downtime and you may resume normal activities immediately. You might experience swelling or redness at the treatment site for 24 hours, which may be managed with cool compresses.

WHEN WILL I SEE RESULTS ?

Most patients notice decreased shedding in about 4-8 weeks. Since the hair growth cycle is slow, new hairs may not become apparent for 6-9 months. PDO hair treatments should be repeated every 6 months for optimal results.

