

Dr. Emran Imami does a non-surgical facelift procedure at his office in Melbourne. Provided

MyEllevate is a minimally invasive facial rejuvenation procedure developed by Dr. Gregory Mueller, a board-certified plastic surgeon in that mecca of rejuvenation treatments, Beverly Hills.

With MyEllevate, the surgeon places a suture support system without incisions. Because there are no incisions, most patients experience rapid healing with minor bruising and swelling, since there is minimal trauma to tissue. Dubbed the "Zoom Lift," MyEllevate sharpens the jawline and the neck through the use of silk suspension threads that lift and pull back sagging skin.

"It redefines the jawline and neck, and yet it requires no incisions," said Imami.

In addition to MyEllevate, Fernandez treatment plan included FaceTite, which also targets sagging skin, plus wrinkles on the lower half of the face. This radiofrequency-assisted liposuction, or RFAL, contracts and contours tissue in the sub-dermal plane.

"As I understand, it breaks up the fat cells under the surface of the skin," she said.