

# florida today

Morpheus 8 is additionally used in conjunction with MyEllevate and FaceTite. This treatment uses microneedling and radiofrequency-generated heat to stimulate the production of collagen, the body's own scaffolding. The natural aging process cause a decline in collagen levels, which in turn cause the skin to sag. Morpheus 8 penetrates the skin deeper than traditional microneedling to better restore lost elasticity.

The .3mm diameter gold-tipped needles in Morpheus8 penetrate the skin to heat the tissue for collagen contraction and remodeling without skin injury. It can penetrate up to 8 m.m. to melt the fat layer. Unlike lasers, it can be used on any skin color.

Fernandez breezed through the procedure.

“It reminded me of having a wisdom tooth removed,” she said. “There really was not much to talk about.”

She rested the next day and went pretty much back to normal afterwards, including mucking about the barn that houses her horses. Post-procedure treatment included wearing for a couple of weeks a stretchy balaclava type of headgear to help provide support as the newly-reshaped skin settled.

“It reminded me of those old pictures of someone with a headache,” Fernandez said. “I would take it off during Zoom meetings and no one could notice I had had anything done.”

Results with these non-surgical procedures are not instant, but instead are gradual over two to three months and should last seven to 10 years, since the body unfortunately continues to age with each passing day.

“I jokingly tell my patients that if they stop aging, my cosmetic results will last forever,” said Imami.

To extend the life of the nonsurgical facelift, or for that matter, any cosmetic procedure, Imami recommends a maintenance program of Botox, fillers, laser treatments, Morpheus8 skin tightening, PRP treatments and medical-grad skin care,

“Cosmetic maintenance has little to no downtime and discomfort,” he said